



# West Somerset Riding Club

## E-NEWS – 28th January 2011

### Committee for 2011

Sue Rose Chairman - [susan\\_rose@btconnect.com](mailto:susan_rose@btconnect.com) 01643 841411  
Anne Hand Treasurer - [annehand@talktalk.net](mailto:annehand@talktalk.net) 01984 641302  
Maggie Robertson Secretary - [robertsonm@ranmorecommon.demon.co.uk](mailto:robertsonm@ranmorecommon.demon.co.uk) 01643 841833  
Zoe Willford Membership - [zoewillford@tiscali.co.uk](mailto:zoewillford@tiscali.co.uk) 01643 841555  
Sarah Weatherlake - [info@treboroughcrosscountry.co.uk](mailto:info@treboroughcrosscountry.co.uk) 01643 641179  
Sarah Thresher - [sarahthresher@blackberry.orange.co.uk](mailto:sarahthresher@blackberry.orange.co.uk) 01643 707961  
Lucy Coppin - [lucycoppin@hotmail.co.uk](mailto:lucycoppin@hotmail.co.uk) 01643 831253  
Catherine Freeman - [freemanjd@tiscali.co.uk](mailto:freemanjd@tiscali.co.uk) 01398 371416

### FIT TO RIDE

**Jon Pitts from Fit To Ride** ([www.fittoride.org](http://www.fittoride.org)) will be with us at **The Moorland Hall, Wheddon Cross on THURSDAY 24<sup>TH</sup> MARCH at 7.30pm**. Jon will be presenting a fun awareness session for riders of all ages and abilities to help improve their riding ability, confidence and safety in the saddle. We will have a fun interactive evening with a presentation that explains what happens to our bodies as we ride, followed by some practical work on Swiss balls (those big balls that you can do some exercises on to improve balance and stability). Ensure you wear comfortable clothes. The cost is £5.00 per WSRC members and £5.50 for any non member, so invite your friends. Please support the evening and don't leave it to the last minute, as no entries are taken on the door. Please send a cheque as soon as possible made payable to WSRC with your name and telephone number and post to Maggie Robertson, Burrow Farm, Wootton Courtenay, Nr Minehead, TA24 7UD. For further details see the entry on our club's website – [Fit-to-Ride Details](#)

**NOTE:** if we have sufficient riders and interest on the **Fit To Ride**, then I will arrange a follow up clinic, but this time you will have a one to one during which time Jon will video you and your horse. He will then give you a very informative analysis of you both.

### TREC on BBC Countryfile

Following the recent article in the January / February 2011 edition of the British Horse Society's magazine 'British Horse', the television program *Countryfile* will be featuring a simulated TREC Competition set in Escrick Park, Yorkshire with presenter Jules Hudson and his pairs partner Kathryn Bean a former GBR TREC Team member. Tune into Countryfile BBC 1 on **Sunday 13 February** at 6.30pm.

### Golden Horse Shoe Training Ride

This will be taking place on **Saturday 5<sup>th</sup> March**. Approximately 15 miles starting from Cutcombe Farmers Market, Wheddon Cross. Entry fee £20.00 (EGB members £15.00). Start times 9.30 – 10.30. Entries Close 28<sup>th</sup> February. Go to our club's website to download the [Entry Form](#) or contact Nic Wigley 01643 841703 email [nic.wigley@tiscali.co.uk](mailto:nic.wigley@tiscali.co.uk)

### Cross Country Training with Cindy Rawson

Cindy will be at Treborough XC on **Saturday 2nd April** and **Tuesday 12th April** to run training sessions for WSRC. There will be sessions for novice horses and/or riders or new combinations, intermediate or more advanced combinations according to demand. Each session comprises a warm-up over poles and/or show jumps as appropriate and then continues to the cross country course. Prices are based on three people sharing each session. The whole session lasts for 2 1/2 hours, and there will

be up to three sessions on each of the two days. Please see [Booking Form](#) for more details or contact Anne Hand

### **West Somerset & Devon Dressage Qualifiers**

Here are the dates and details of two qualifiers for this Spring. Full details can be found on our club's website '[Dressage](#)'. The Championship will be held at Stockland Lovell on Sunday October 9<sup>th</sup>.

Sun 20 Mar	Witheridge RC Dressage	Wellbeck Equestrian, Wellbeck Farm, Farringdon, Exeter, Devon EX5 2JE	<a href="#">Website</a>
Sun 27 Mar	Taunton & District RC Dressage	Netherclay Livery Centre, Thurlbear, nr Taunton, Somerset TA3 5AX	<a href="#">Website</a>

### **Training Day at Pontispool**

Witheridge RC invites Area 12 riding club members to join them on **Sunday 6<sup>th</sup> March.**

**Option 1** - Show Jumping and Cross Country (approx. 2.5 hrs total, groups of 5) with either Cindy Rawson, BE accredited trainer and International event rider or Ben Van Sommeren, local event rider and accredited trainer. **Cost £43.00**

**Option 2** – 1 hour Flatwork with Nina Venables, local BD trainer and rider, World Class Squad Para Dressage coach. **Cost £20 (group of 3 for 1hr or 2 for 45mins)**

*Option 1 and 2 are not available together. XC schooling can be added, no instruction, for an additional £13.00*

Contact Helen Goff ASAP [helen@bovey2.eclipse.co.uk](mailto:helen@bovey2.eclipse.co.uk) (email preferred) or 01398 361652 to register interest and book in. Places limited so early booking recommended, a wait list will be held. Full payment required with booking. This will be refunded if replaced from wait list, part refunded if withdrawal is too late to be replaced or wait list empty!

### **Taunton RC Spring Rallies**

First priority to TDRC members naturally, but if there are any vacant slots then they are open to A12 RC members. Please send **separate** cheques with each entry form to: Judy Cottrell, 7 Burton Place, Taunton. TA1 4HD. Tel no 01823 351 768. The entry form can be found on the TDRC website [http://www.tauntondistrictrc.co.uk/clinics\\_rallies.html](http://www.tauntondistrictrc.co.uk/clinics_rallies.html)

<b>Monday February 7th</b> at Heazle EC (indoors) Dressage with Claire Skinner. 9.00am to 2.00pm 50 minute sessions, 2 in a class. £20.00 each	<b>Sunday February 13th</b> at Curland EC. (indoors) Dressage with Chris Derryman. 10.00am to 4.00pm. 1 hour session. 2 in a class. £20.00 each
<b>Tuesday February 22nd</b> at The Gallops, West Buckland. Dressage with Nina Venables, 10.30am to 4.30pm . 50 minute sessions, 2 in a class. £15.00 each	<b>Monday February 28th</b> at Heazle EC (indoors) Dressage with Sue Petty 9.00am to 2.00pm 50 minutes session, 2 in a class £20.00 each
<b>Tuesday March 8th</b> at The Gallops Dressage with Nina Venables, 10.30 to 4.30pm 50 minute session, 2 in a class £15.00 each	<b>Sunday March 13th</b> at Holmans Farm Stewley Flatwork and/or polework and small jumps with Chris Derryman. 10.00 to 4.00pm. 1 hour session, 2 in a class. £15.00 each

## British Eventing U18 Dismounted Training Sessions

As well as talking about the U18 Eventing Programmes and Training that is available, each of the sessions will cover preparing for the forthcoming event season, the importance of equine and human fitness as well as answering any questions that you may have.

Everyone one is welcome to attend the sessions - members of BE, Pony Club, NSEA, Riding Clubs, Parents, Coaches or any one who wants to know what it's all about. Simply email the relevant person to tell them you are attending. For more information see the Youth Eventing Pages on [www.britisheventing.com](http://www.britisheventing.com).

**Saturday 29<sup>th</sup> January** – Hartpury College, Glos, GL19 3BD, U18 Regional Coach – William Mifflin and to book your place contact [david.shepherd10@bopenworld.com](mailto:david.shepherd10@bopenworld.com) with names attending.

**Tuesday 22<sup>nd</sup> February** – 7pm Guest Speaker **Mary King** - Aylesbeare Village Hall, Nr. Exeter, Devon, EX5 2BS. U18 Regional Coach – Emily Lee. **£8** payable on the night. To book places email [gillianmacfadyen@gmail.com](mailto:gillianmacfadyen@gmail.com) with names attending.

**Tuesday 22<sup>nd</sup> February** (6.30pm) Guest Speaker **Laura Collett** - Oddington Village Hall, Stow on the Wold, GL56 0UR Oddington Village Hall, Stow on the Wold, GL56 0UR. U18 Regional Coach - Simon Lawrance & Miranda Lucey [celiagough@hotmail.com](mailto:celiagough@hotmail.com) with names attending by Friday 18th February.

### Exeter and District RC – ODE

This competition is being held at Pontispool on **Sunday 3<sup>rd</sup> April**. Go to our club's website to download the [Schedule and Entry Form](#).

### The Trails Trust

The charity that creates access to the countryside for all – on foot, bicycle or by horse. Please see their website for details on the 'Diary and Events' [www.thetrailstrust.org.uk](http://www.thetrailstrust.org.uk) . General Enquiries: 01761 453705 or [events@thetrailstrust.org.uk](mailto:events@thetrailstrust.org.uk).

### The Brooke

WSRC will be supporting this charity in 2011. Our Fun Treasure Hunt on 21<sup>st</sup> May will be giving a donation to the charity and we hope that many of you will enter and support the club and the charity. The schedule and entry form will shortly be available on the club's website.

The Exmoor Group is asking for donations of tack or riding equipment for renovation/repair and resale. Last year they made over £4000 on second hand tack, so it is a really important fund raiser for the group. If you have any unwanted tack or other equipment please contact: Leone Martin on 01643 831480 or email: [leo@riscombe.co.uk](mailto:leo@riscombe.co.uk) Riscombe Farm, Exford, Minehead, TA24 7NH. You can also bring your unwanted items to the Show at Treborough on 5<sup>th</sup> June where they will be having a stand or alternatively they can be taken to Maggie Robertson's home who will pass them on to the group.

For those of you who do not know about [The Brooke](#), it was started in 1934 by Dorothy Brooke who was shocked at the plight of the ex-war horses from the First World War when she visited Cairo. She bought 5,000 old war horses and went on to set up a free veterinary clinic which still operates today.

### For Sale, Wanted or Free!

For members only, if you have any items that you wish to sell or want then send the details to [Maggie Robertson](#) and they will be advertised in the E-News. Also if you have any items that are lingering in your shed or cluttering up your house, which you feel you can't sell but are too good to throw away, then recycle them and find a new home. Advertise your freebies!